

The Ten Commandments

PRESCHOOL LESSON



Theme: Obeying God's Commandments

Scripture: Exodus 20:1-17

Memory Verse: "You shall have no other gods before me." Exodus 20:3 (NIV)

Get Ready: Click [here](#) to get your complete supply list for this lesson.

The Children's Sermon:

You'll Need:

- [The 10 Commandments Coloring Page](#) - two copies
- Crayons

Get Ready: Color one picture carefully, staying in the lines. Color outside the lines on the other picture, making a colorful mess.

Do This:

SAY: Do you remember when you first started to learn how to color? If you were like most children, you probably colored all over the page without staying in the lines. I imagine that some of your pictures looked a lot like this. (Show kids the messy picture.)

As you got older, your pictures probably looked more like this. (Show kids the neat picture.) **You began to stay in the lines and your color choices were much better too.**

These pictures remind me of the way some people live their lives. God gave us the Ten Commandments to tell us the things that we should and should not do. (Show the neat picture.) **Some people don't pay any attention to these guidelines that God has drawn for them.** (Hold up the messy picture.) **They just do whatever they want to do; that's called sin. Often their choices are not very good. They color outside the lines. They think their life is beautiful, but when God looks at it, He sees that it's just a big mess.**

(Hold up the neat picture.) **There are other people who read the Bible and follow God's rules. They try to stay within the guidelines that God has set. Oh, they may still get outside the lines at times; getting outside the lines is called sin. That is why we all need Jesus. None of us stay inside the lines 100% of the time.**

Do you want your life to be like this one? (Hold up the neat picture.) **Or do you want it to look like this one?** (Hold up the messy picture so you're holding up both.)

God wants us to obey His Ten Commandments. The great news is we have a Savior in Jesus who loves us even when our lives are messy. When we trust Him as Savior He is our help and gives us strength to obey His laws. Let's ask God to help us obey Him.

PRAY: Dear Lord, help us to remember that You set boundaries for us. Help us to stay within those boundaries so that our lives will be pleasing to You. In Jesus' name, amen.

Bible Memory Verse

"You shall have no other gods before me." Exodus 20:3 (NIV)

You'll Need:

- Masking tape

Get Ready: Before class, make a line path around the room with masking tape.

Do This:

Say: **God calls us to obey His commandments. Why? Because He is the Lord and that means He is the boss of all.**

Have kids follow these steps:

- Invite the kids to line up, single file, on the masking tape line and march around the room staying on the line.
- Have them repeat the Bible memory verse after you as they march. Start with them just repeating one word, then phrases, and then the whole verse.

SAY: **There is only one God! He is Lord and He loves us so much. We are called to obey His commandments and make Him first.**

Virtual Lesson Tip

Do this with the entire family.

Interactive Scripture Experience: **Exodus 20:1-17**

Commandment or Not

You'll Need:

- **Paper plate (one per child)**
- **Marker**

Get Ready:

Give each child a paper plate and a marker.

Do This:

- Invite the preschoolers to draw a happy face on one side of the paper plate and a sad face on the other side.
- Read through the 10 Commandments aloud and tell preschoolers to listen closely so they can try to remember them.
- Explain that you are going to read through a list of commandments, some will be real and some fake.
- If they hear a real commandment, they are to show the smiley face side of the paper plate.

- If they hear a fake commandment, they are to show the frown side of the paper plate.

List of true and false commandments:

- You shall have no other gods before me. (Commandment)
- Do your best. (Not)
- You shall not make idols. (Commandment)
- Honor yourself. (Not)
- Lie only when you have to. (Not)
- Remember the Sabbath day and keep it holy. (Commandment)
- Coveting is cool. (Not)
- You shall not steal. (Commandment)
- You shall not take the name of the Lord in vain. (Commandment)
- Obey when you feel like it. (Not)

ASK:

- **Was it easy or hard for you to tell the real commandments from the fake ones?**

SAY: God gives us rules to help us live life like He has planned. It is important for us to know His rules so we can follow them.

“Staying Within the Lines” Video Lesson

You'll Need:

- [“Staying Within the Lines”](#) video lesson
- Something to play the video

Do This:

Tell kids to be prepared to move a bit as they follow instructions in the video.

Show them the video.

ASK:

- Was it easy or hard to follow all the rules?

SAY: God’s rules are important for us to live our lives how He has planned. God’s ways are best. But we can’t be perfect all the time. Aren’t you glad God forgives us when we go outside His lines and He sent Jesus to pay the price for our sins once and for all?

Commandment Snacks

You’ll Need:

- Unfrosted Pop Tarts (2 per child)
- Gel Icing
- Paper plates
- Napkins

Do This:

SAY: In today's Bible lesson, we learn about obeying God's commands. How many commandments did God give Moses? (Allow kids to answer.) The first four commandments are about our relationship with God. The last six commandments are about our relationships with others. Today you get to make your own edible commandment tablets. Let's get started.

- Give each child a paper plate, a napkin, and two unfrosted Pop Tarts.
- Explain to the kids that they will use the gel icing to write "God" at the top of one Pop Tart and number down 1-4 in the center of the Pop Tart.
- On the other Pop Tart, they will write "Others" at the top and number 5-10 down the center.
- After they finish, let them enjoy the snack.

SAY: God gave us these rules to obey and live by, but remember not one of us is perfect and can stay within the lines all the time. That's why we need Jesus. He came to pay the price for our sins because we are not perfect.

Obey the Leader

Do This:

Play this game like "Simon Says" and let children take turns being "Simon" and telling the classmates what to do as they line up against the wall. If "Simon Says" something,

the children will obey, but if there is a command without “Simon Says” before it, the children will stand still against the wall. Play several times!

SAY: Sometimes it can be hard for us to obey the leader, can't it? God gives us rules to follow, but He also helps us. We are not alone. We have God's help.

Virtual Lesson Tip

Do this with the entire family.

Bible Happy Faces

You'll Need:

- **["Bible Worksheet"](#) handout - one per child**
- **Red Markers - one per child**
- **Happy Face Stickers or Happy Face Stamps**

Do This:

To make the Bible Worksheets, have kids follow these steps:

- Trace the line making the Bible shape with a red marker.
- Put smiley face stickers or smiley face stamps on the Bible to show how we look and feel when we obey God's commands.

Line Prayers

You'll Need:

- Masking tape

Do This:

Place a masking tape line down the middle of the classroom. Invite the kids to line up on the right side of the line.

SAY: Today we're going to pray and ask God to help us to live our lives within the lines He has given. We will start on the right side of the line.

PRAY: God, thank You that You love us enough to give us rules. You know these rules are for our best and You know all. You are Lord and we are not.

Invite kids to step over the line to the left side.

PRAY: God, we confess that we don't always stay inside the lines. We choose to go our way and that is sin.

SAY: Bow your heads and silently confess to God times you have sinned and strayed outside the lines.

Give the kids plenty of quiet time to silently confess their sins and then invite them to step back to the right side of the line.

PRAY: God thank You for loving us and forgiving us when we sin. Give us eyes to see when we do stray outside the lines. Thank You for sending us Jesus to pay the price for our sins. We want to live inside Your lines, so we ask for Your help. In Jesus' name, amen.

Virtual Lesson Tip

Do this with the entire family.

Time to Praise God

You'll Need:

- **Song: "Brethren, We Have Come to Worship"**
[Words and Music](#)
[MP3 Accompaniment Track](#) (right click to save to your computer)
- **Song: "God Is So Good"**
[Words and Music](#)
[MP3 Accompaniment Track](#) (right click to save to your computer)

SAY: We have a great big God who provides for us. That is something to celebrate! Let's worship God now through song and tell Him how good He is.

Lead children in singing "Brethren, We Have Come to Worship" and "God Is So Good."

Complete Supply List:

- [Crayons](#)
- [Masking tape](#)
- [Markers](#)
- [Construction Paper](#)
- [Unfrosted Pop Tarts](#)
- [Gel Icing](#)

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AT-HOME LESSON

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